

Lime ward and Silver Birch ward

Callington Road Hospital Mental Health Services, Bristol

Tuesday 6 October 2015, 2.30 - 5.30pm

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<b>No</b>	<b>Recommendation</b>	<b>Comments from the Service Provider</b>
<b>1</b>	Bedroom signage to be changed so numbering is consecutive and patients can clearly identify their rooms.	Plans for this are already underway. This will be actioned on both wards by the end of March 2016. Signage to be appropriately planned to avoid further confusion and this will be clearly communicated to service users to match the bed board.
<b>2</b>	Purchase new table tennis balls and bats and new pool cues if lost.	All equipment on the units is replaced when lost or broken. Equipment at times is kept locked in cupboards for safety reasons.
<b>3</b>	Unlock book cupboards if safe to do so.	Cupboards on the units are unlocked which contain equipment when it is safe to do so, this is assessed each shift.
<b>4</b>	Purchase sensory equipment for relaxation rooms, such as a CD player and some fairy lights.	Fairy lights are as ligature risk and therefore cannot be purchased for the ward. However, CD's are available on the unit. Other materials and equipment to aid in relaxation and de-escalation are also kept in this room.
<b>5</b>	Remove boxes from the art therapy room at Lime ward.	The small lounge on Lime Unit is used for Art Therapy. The boxes you are referring to are kept in the old art room which is a storage room for materials and other equipment.
<b>6</b>	Easy Read information to always be printed in colour, in font size 16, in a recommended user friendly font. Activity schedules should be made available in Easy Read.	The units have an easy read noticeboard for service users. The staff try and locate wherever possible easy read versions of leaflets/posters using the internet.
<b>7</b>	Healthy snacks and jugs of water and squash to be available	The service users have access to squash, milk and water at all times,

	throughout the day.	Healthy Snacks are also available including fruit. Service Users are aware of how to access additional food should they need this outside of meal times. They are also encouraged to use their leave to purchase food that they would like from the local supermarket.
<b>8</b>	Consider a healthier approach to meal times – people wishing to manage their weight to be supported to choose healthiest options. Calorie and fat intake of meals to be available for patients.	Healthy options are available at all meal times. A dietician is available for Service Users to consult with or get advice. Staff encourage healthy eating at all times and can also refer a service user to a dietician if they have any concerns. There is also a healthy eating noticeboard on the unit.
<b>9</b>	Address potential risks from the open fences in the garden areas using risk assessments and ensure staff are able to monitor security to prevent things being passed through to patients.	The unit is an adult open acute unit, some of the service users are on the unit informally and service users are individually risk assessed. If there are particular concerns a garden nurse will be placed on duty. However, the garden environment is checked every shift. The garden cannot be locked as Service Users have a right to fresh air and the fencing means that there are gaps so that the unit feels open and the environment the least restrictive as possible for our service users.
<b>10</b>	Fit smoking shelter and additional lights in gardens, as per patients' requests.	Smoking shelters are not currently used in the gardens due to them being a ligature risk. This is currently under review by the Nursing and Quality Team. A local review of lighting around the units is also being undertaken by the Matron.
<b>11</b>	Consult with patients to find out what activities they would like to do and introduce these.	Ward meetings take place regularly where ideas and suggestions are shared. All ward activities set up by the staff on the unit are service user led. A consensus verdict is reached on the unit. During 1:1 time and Care Plan reviews discussions take place regarding what services users want and what is helpful. OT staff are assigned to the units and an individual OT programme is developed according to their needs

		and wishes. Aswell as individual OT sessions, group sessions are run on the ward and away from the ward.
<b>12</b>	Consider recruiting more volunteers so that patients have more people to talk to on the wards.	The Service User development worker is liaising with all wards regarding volunteers coming to support the units. The units have Drug and Alcohol Peer Support workers who visit the wards.

**Any Other Comments**