### **Progress Report** Rehabilitation and Reablement Review

Key deliverables for this

- 1. Implementing the governance structures for taking rehabilitation and reablement forward in North Somerset and South Gloucestershire 2. Implementing rehabilitation and reablement strategies across BNSSG 3. Agreeing a contract schedule for the November commissioning intentions letters regarding rehabilitation and reablement across BNSSG 4. Continuing to progress the Rehabilitation Prescription project

# South West Commissioning Support

### Project Lead: Elizabeth Williams

as a small pilot and expanded after evaluation.

#### **Current Status:**

Bristol: The following developments are being implemented:-

- Building on the existing in-reach hubs, Bristol are developing larger discharge hubs with staff working together from the acute trusts, the community providers and social care to pull appropriate patients out of hospital and provide rehabilitation services for them in the community. This will be done
- They are testing the care co-ordination concept and working on how this can be implemented in Bristol
- Bristol are also to explore the potential for the Rehabilitation Prescription to be adopted more widely across the acute and community health services in the City.

North Somerset: The CCG do not feel it is realistic to close rehabilitation beds at Weston in 14/15, so a winter pressures bid has been submitted to fund 5 non acute rehabilitation beds in a Nursing Home. If the bid is successful, this will be a pilot until 31st March 2013 to test the model of care and inform the strategic direction re Weston General Hospital procurement and the future of Clevedon Community Hospital. A 'North Somerset Strategic Programme Board' is to be established to provide strategic leadership for this work.

South Gloucestershire: A Rehabilitation, Reablement and Recovery Board is being established to oversee this programme of work and provide strategic direction in South Gloucestershire. The current project portfolio is:-

- Sub acute rehab capacity (Elgar House) to inform 14/15 commissioning intentions
- Non acute rehab capacity (interim placements) winter monies allocated

**Rehabilitation Prescription**: A retrospective audit has been completed so the

- Care navigators winter monies allocated
- **Evolving Assessment & Rehabilitation Prescription**

Rehab Prescription is now thought to be comprehensive enough to replace all the other discharge forms across BNSSG. Final work on the electronic version of the Rehabilitation Prescription is currently taking place. NBT have agreed the Rehab Prescription can be loaded onto their CISS IT system from the 18<sup>th</sup> November. In the short term it will be emailed via NHS.net to other services when the patient is discharged. It may become part of the Primary Care Discharge site or the patient flow dashboard in the future and in Connecting Care mark 2, which is likely to include CISS.

## Date: 4<sup>th</sup> November, 2013

Commissioning intentions letters: there was agreement across BNSSG on the content of

Status

gone to the acute trusts. The CSU are continuing to develop a rehabilitation contract schedule to facilitate the move of rehabilitation from acute to community settings, for inclusion in the November round of commissioning intention letters and the 14/15 contract negotiations.

the rehabilitation element of the October Commissioning Intention letters, which have

### Risks:

- There is a risk that the work being developed on the discharge hub within Bristol and creation of the Care Navigators in South Gloucestershire will create two separate systems for NBT to implement to pull patients out of hospital depending on which GP practice the patient is registered with.
- The staff in North Somerset responsible for pulling patients out of the acute trust into the community are employed by the acute trust and there is a risk they will not understand which patients can be cared for in the community There is a risk that we will not be able to commission the additional capacity in the
- community for rehabilitation in the timescale dictated by the winter pressure monies to test the new model of care.

The draft contract schedule will be discussed at a meeting on the 8th November, to

#### **Next steps:**

- get agreement across BNSSG Commissioners before contract negotiations with the acute trusts start. Bristol CCG will continue to implement their plans to increase capacity for
- rehabilitation in the community and develop their discharge hub. The next Bristol Rehabilitation and Reablement Board will take place on the 14<sup>th</sup> November. A decision regarding the North Somerset rehabilitation winter pressures bid will be
- made by the 1st November. If successful, commissioning a rehabilitation center in a Nursing Home in Weston Super Mare will be a priority.
- The first meeting of the South Gloucestershire Rehabilitation, Reablement and Recovery Board will take place on the 5<sup>th</sup> November.

### **Timescale / Key Milestones:**

- The second more detailed Commissioning Intentions letter is required for November
- Extra capacity in the community is needed asap to cope with winter pressures

Support required: the arranged project management support for North Somerset is no longer available, so this is still needed.

Date of next report: 6th December, 2013