

Help us help you more

If you are a resident in South Gloucestershire and have lived experiences of children's services, adult social care, domestic abuse, drug/alcohol misuse and/or homelessness, *would you consider joining the Adults with Lived Experience Team?*

Let your voice be heard

Meet new people

Could you attend monthly meetings on a Tuesday morning?

Join us for friendly discussions over tea/coffee and biscuits

As a Lived Experience Expert you will:

- 1** Influence, shape and create positive changes across different services in the Council
- 2** Be part of a friendly team of Lived Experience Experts
- 3** Have opportunities to develop your professional skills
- 4** Recieve supermarket vouchers for your time and contributions

"It's been great to contribute my life experience to help develop services in South Gloucestershire. It is very rewarding to be part of a group, whereby I feel safe to express myself without judgement."

(Lived Experience Expert)

For more information email:
livedexperience@southglos.gov.uk

In Autumn 2025, the Adults with Lived Experience Team are holding a series of open events where you can drop in to learn more about what we do and how you can get involved.

Come and join us!

Your voice matters

Improve services

- **Tuesday 16th September** 10:00-11:30am at Kingswood Civic Centre Room F17 - open event for **professionals** to find out more about what we do and how we work.
- **Wednesday 17th September** 1:00-2:00pm online - open event for **professionals** to find out more about what we do and how we work. (**Email the team to request the link to join this online event**).
- **Tuesday 21st October** 10:00-11:30am at The Park Centre Kingswood Room E - open event for **new Lived Experience Experts** to join a taster session with the team.

Come along to the events or email livedexperience@southglos.gov.uk for more information.

