

# CONVERSATIONS ABOUT WEIGHT IN HEALTH, CARE AND THE COMMUNITY

## HAVE YOUR SAY



Join a small, friendly group conversation about how weight is talked about and experienced in health and care.

You can take part if you are aged 18+ and have personal experience of conversations about weight in health, care or community settings.

## Get involved or find out more

Scan the QR code and fill out our contact form.



Email: [info@thecareforum.org.uk](mailto:info@thecareforum.org.uk)

Call & leave a message: 0117 965 4444

If you need information in a different format or have any access needs, please let us know.

## Why take part?

By sharing your experiences, you can help shape:

- ✓ How health and care staff talk about weight
- ✓ How services can work with people more respectfully
- ✓ Future training and guidance for health and care professionals

### Focus group details

Date: Monday 1 June 2026

Time: 1:30pm - 3pm

Location: Kingswood - get in touch for details.

**Receive a £20 voucher for your time!**