



Helping, Including, Valuing, Empowering  
... the learning disabled community

**healthwatch**  
South Gloucestershire

# Your health rights



An easy read guide

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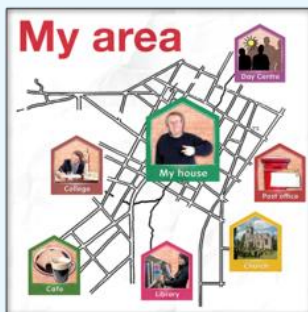
# Your health rights



You have the right to the same medical treatment as everyone else.

This means that sometimes you may need to get extra help to make sure you get the best service

A right is something you are allowed to do



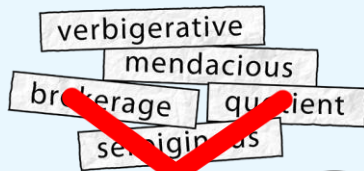
You have the right to register with a GP in the area where you live.



You have the right to a free health check every year



You have the right to register with your doctor as having a learning disability



# ~~BIG~~ words

You have the right to ask the doctors and hospital staff to explain things to you in a way you can understand

not to use jargon or big words



You have the right to ask questions if you don't understand



You have the right to have letters and information written in a way you understand ... easy read



You have the right to choose whether to take someone with you or go to the doctor or hospital on your own



You have the right to see a man or lady doctor

# You can ask for a reasonable adjustment



The Equality Act says that doctors and hospitals must make reasonable adjustments so that everyone gets equal treatment.



A reasonable adjustment is where you ask your doctor or hospital to make changes to what they do so that you get a better service.

Reasonable adjustments are things like



Doctors speaking clearly and using simple words



Having an appointment at a time which is better for you



More time with the doctor, for example a double appointment



A Hospital passport

This is a document about you and your health needs. It also has other useful information, such as your interests, likes, dislikes and how you like to speak to people.



Having a quiet place to wait, or a private room



Doctors who give information in Easy Read



Having support workers or family members with you.



There may be other things that your doctor or hospital can do to make the service better

What reasonable adjustments would you like your doctor or hospital to make ?

Write here



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